## GRIEF RECOVERY SUPPORT GROUP

8 WEEK GROUP BEGINS WED. SEPT 6
UNTIL WED. NOV 1, 2023
\*No class on Sept 27, 2023

## 7:00-9:00 PM GODERICH, ON

This group will change your life!

Learn new tools on how to move forward after a death, divorce and many other losses. Cost for materials is \$35.00. Scholarships available.

For more information or to register please call Sally Brodie, Coordinator of Loss, Grief and Bereavement, Huron Hospice at 519-525-6331 or <a href="mailto:sally.brodie@huronhospice.ca">sally.brodie@huronhospice.ca</a> In person program for 18 years+

**Myths of Grief** 

Time heals all wounds.

Hide your feelings.

Be strong for others.

Learn how to dispel these myths!

**Sponsored by** 

Clinton Family
Heath Team

Bluewater & Area Family Health Team

Clinton Legion, Clinton Branch

Trillium
Insurance
Company

Vou Have